

The PEDSSA executive committee met on 9/7/20 to discuss the implications of social distancing on PE and School Sport

The committee consensus was

1. There will be **no** PEDSSA fixtures / events until after October half term (at the earliest.)
2. Events for later in the year will be '*pencilled*' into the calendar, but due to the significant number of unknown factors, we have decided to leave these as unconfirmed. Please keep in touch with your SGO.
3. [@pedsport](#) twitter will retweet when NGBs update their guidance. This is also on [PEDSSA homepage](#)
4. Schools are encouraged to do inter-house or personal best competitions within schools e.g. - quadkids athletics and virtual rowing, virtual school games competitions available [here](#)
5. Extra curricular clubs may be restricted to year group bubbles, so there may be a limited extra curricular offer in schools. Perhaps year groups might be offered multi skill clubs, so that they can remain in bubbles, but still get opportunities to do clubs.
6. Outside PE providers should be welcomed into school as long as they adhere to strict hygiene and social distancing rules.
7. Youth Sport Trust guidance docs will be on PEDSSA website as well as being embedded in this PDF.



Primary Physical Education Teaching Tips

Using Physical Education and Physical Activity as a tool to support pupils' wellbeing



Pupils should **remain** and work in their own area*
*Use cones or chalk to mark out areas where applicable.



Pupils should **not share** equipment in the lesson*
*Equipment should be cleaned both before and after use.



Games should not involve **physical contact** against an opponent or team



Make lessons **safe** but put **FUN** at the forefront of any learning delivered



PE should include physical, cognitive social and emotional **outcomes**



Celebrate success and pupils personal achievements



Pupils should **wash their hands** before and after each PE lesson



Use PE and PA to support the **wellbeing** of your pupils'



Lessons should be **active, but learning focused** with a clear purpose

NB: All activities should follow Government Guidance in response to COVID-19 and afPE safe practice guidelines.



[Secondary PE response ideas](#)

[Primary PE response ideas](#)

[SEND PE response ideas](#)

[School sport and enrichment response ideas](#)