

- Click on the sport to download a PDF
- Watch the embedded videos
- Do the activities - have fun !

Athletics



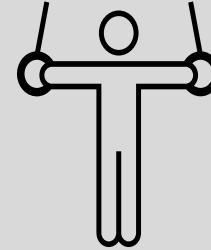
Cricket



Football



Gymnastics



**YOUTH
SPORT
TRUST**

**NATIONAL SCHOOL
SPORT WEEK 2020**

AT HOME

Tennis



**Two challenges you might
like to try!**

Shuffle
Dance

Cup Game
Song

